

Just Now



Nottingham Diocese
Justice and Peace Commission
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NEW FOR 2014: Launch of

facebook
and
twitter



Check out our brand new Facebook and Twitter pages!

<https://www.facebook.com/nottinghamjusticeandpeace>

https://twitter.com/Nottm_jandp

We will be bringing you news via our new social media pages throughout 2014. **Don't have Facebook or Twitter?** Fear not! Both our pages are public so can be read by anyone, whether you have an account or not.

So click away! On Monday 20th January, Pope Francis tweeted *It is not enough to say we are Christians. We must live the Faith, not only with our words, but with our action.*

that we re-tweet on our account!



Read more of his tweets
aithbook campaign!

Nottingham Diocesan Justice and Peace Assembly and AGM took place at 'The Briars' (Crich) on Saturday 26th October. It was a stimulating day which commenced with Concelebrated Mass at 10.15. The theme of the day was "Bread for Tomorrow" – focus on food and famine. We were addressed by Eilidh Macpherson, CAFOD's Campaign Manager. Her theme was: "STILL HUNGRY FOR CHANGE"

Eilidh spoke briefly about the impact of the 'If' Campaign. She felt that the campaign



was successful in that it really shook up the politicians and seriously disturbed the big global companies. She warned that we cannot relax the pressure and the Campaign is to be extended to Lent 2014. CAFOD's current and closely linked campaign is HUNGRY FOR CHANGE. It highlights the urgency for a fairer food system. Enough food for everyone is produced yet 1 in 7 people go hungry each day; 60% of the farmers who

produce the food go hungry; four global companies control 90% of food production and marketing. For more info go to www.cafod.org.uk/Campaign/Take-action-today/Hungry-for-change. The second Speaker was Julie Tyler, Customer insight and project Manager, Retail, from Midlands Cooperative Society. She outlined the Cooperative Society's Founding Principles and how they operate today. The society is not involved in the stock market and all profits are ploughed back into the company. None of the Societies waste goes into landfills; most waste is remarketed through their partnership with WRAP for more info visit: <http://www.wrap.org.uk/content/about-wrap>

Workshops followed the talks. We could choose two. I joined 'Food Sovereignty' as my first choice and 'USE YOUR LOAF' as my second preference.

Food sovereignty places the rights of all peoples to sufficient, healthy and culturally appropriate food at the centre of agriculture, livestock and fisheries policies and rejects the proposition that food is just another commodity or component for international agri-business. Profit should never be considered the primary purpose of food policies. It is not an end in itself. Local food producers should be the primary recipient of any profit from their labours. For more information on this revolutionary but so obvious concept visit: www.nyeleni.org



The second workshop 'USE YOUR LOAF' was equally stimulating; the emphasis was that as consumers we have a lot of power. **Local** : shop locally whenever possible.

Organic avoid foods that have been cultivated with pesticides and overly processed.

Animal friendly: be aware of how the animals have been bred. Has their rearing been natural? **Fairtrade** :Buying Fair-trade foods safeguards most concerns - worth a little extra cost?

We finished with a photo call. All told it was a good day but quite mentally exhausting!

Thanks to SR Camilla Hunt, Convent of Mercy, Bridge Gate, Derby.

Bruce Kent on Tour

Bruce Kent is looking for 'audiences' in Leicestershire between the 8th and 10th April. You can catch him at St Wilfid of York parish, Coalville in the evening of Wednesday 9th. To request a talk in your area contact richard.johnson61@btinternet.com>. Bruce is also looking for venues in Loughborough and Nottingham in the daytime of the 9th April.



Week For Peace in Nottingham—

21-28 September 2014. A week of activities focussing on Peace is in the planning stages through inter-faith cooperation with Nottingham Quakers, beginning on 21st September, the United Nations International Day of Peace. One aim is

to reach out to people in the wider community and engage with people who may not usually consider how they may contribute to peaceful communities/world. At this early stage of planning, activities are likely to include: a performance from The Clarion Choir; a film screening and discussion at The Broadway Cinema; a creative writing session with The Mouthy Poets; a possible parade through the city led by CND ending in the Peace Garden and a Friendship Lunch with the Quakers at the Meeting House which would be open to anyone and everyone, whether of any faith or none. Members of St Barnabas Cathedral parish have offered to arrange a discussion on the Wednesday evening to consider alternative ways of spending the money which is spent on war and armaments.

Do you teach primary age children?

The Peace Education Network has produced a brilliant set of assemblies for 5-11 year olds with follow-up activities and resources. The network consists of a variety of organisations working for peace, including Pax Christi. The resource pack is available to download from the Quaker website www.quaker.org.uk/bookshop

ECOTRICITY CAFOD has partnered with Britain's first green electricity producer, Ecotricity. For each person who switches their energy supplier to them CAFOD receives £40. What a great way to not only live more sustainably, but also help fund CAFOD's work in some of the worlds' poorest communities. www.cafod.org.uk/ecotricity

WHAT A LOAD OF OLD RUBBISH! Did you know that every year the average family throws away £700 of food! The reasons for this range from us being tempted by the false economies of multi-buys to waste created by children not eating their greens! Whatever the reason, the level of food waste is obscene; but there is a solution — **COMPOSTING**. This is recycling at its purist and simplest. In effect organic matter is decomposed to the most basic components, used to add nutrition to growing plants and create new, fresh, useful food and flowers. What's not to like about that! So here is your Commission's *Concise Guide to Composting*:

THE KIT : An alternative to buying a composting bin is to construct a simple compost container from re-cycled wood e.g. old pallets. You need four posts at the corners and planks fixed around three sides and to have something on top to cover and add a bit of weight to compost. The stuff goes in the front and moveable planks at the front added as the height of the compost rises.

LOCATION: Place it over some earth if possible and roughly dig over the area first. If you decide to place it over concrete just make sure there is a layer of thick twigs and some soil placed on the bottom. Ideally it should be somewhere that gets sunlight throughout some part of the day as heat helps the composting process. Don't be frightened about having them close to the kitchen door- **THEY DO NOT SMELL AND DO NOT ATTRACT RODENTS!**

MAKING COMPOST: You can put pretty well any organic matter into your compost- **EXCEPT MEAT, DAIRY PRODUCE OR ANIMAL POO!** The key to good compost is the right mix of "green" stuff (vegetable peelings, grass cuttings, old flowers, tea-bags, coffee grounds) and "brown" stuff (cardboards, egg-boxes, shredded paper, sawdust, twigs, leaves). Aim for a 50:50 mixture. You will be surprised just how quickly the waste degrades once your compost is up and running but it can take up to 12 months for the composting process to be complete so some patience is required.

USING THE COMPOST: The finished product should be dark, crumbly and moist. Obviously this will be at the bottom of your bin or heap. Bins often have a hatch along the bottom to help access the compost but they rarely offer easy access to all the compost available. Sometimes it's best to simply lift the bin up and off the pile, put the fresher, partially composted material in a wheelbarrow, harvest the useable compost, replace the bin and re-place the material from the wheelbarrow. If you have constructed your own this process can be made easier by having two sections. So you now have a supply of excellent **FREE** organic compost which is very rich in nitrogen, phosphorus and potassium. It can be used for the same functions as commercial compost. For further information look at www.recyclenow.com or gardenorganic.org Thanks to Sammy McKenzie.



Young Faith in Action

Interfaith activity in Leicester . “Eat N Meet” Are you aged 16 or over? Would you like to provide support to the homeless and destitute in Leicester? Are you able to volunteer up to 3 hours one Saturday a month? If the answer to all these questions is YES then visit the 'Saturday Stop-By'. In 2010 the Islamic Society of Britain set up Eat’n’Meet - a project designed to support the increasing number of homeless people in Leicester. In January 2012 we set up 'Saturday Stop-By (SSB). SSB is a joint initiative of the Islamic Society of Britain and St James the Greater Church, which runs every Saturday from 11am-1.30pm. They provide hot food, refreshments, recreational activities and social interaction for anyone who is homeless in Leicester. The project welcomes volunteers over the age of 16, from any background, who are willing to ensure the smooth running of SSB and can commit to helping at least once a month. SSB can also provide a reference for regular volunteers. If you are interested in volunteering please contact Salma Ravat at eatnmeet@isb.org.uk for further information.

Calling all young people! Tired of being limited on ways of putting your faith into action because of your age?

Join our  **faithbook** campaign!

We are looking for a team of ‘sharers’ for our new Facebook page to increase the number of people our posts reach. If you have got a Facebook account why not be amongst the first to join our ‘faithbook’ team? By joining our team you will be able to ‘share’ your faith— quite literally! And you will be helping promote worthwhile causes by encouraging more adults to read our posts and get involved in the fight against the causes of injustice and the relief of those in need. Teachers of younger children, why not become one of our Faithbook sharers and use the information in our posts to resource your justice and peace activity in school? go to

<https://www.facebook.com/nottinghamjusticeandpeace> to join the team!!!

Faithbook not enough for you?! Ready to take the next STEP with putting your faith into action? CAFOD have a programme for 18-30 year-olds. The September– July programme includes 4 weeks overseas, with accommodation, living and travel and expenses paid.



Visit: <http://www.cafod.org.uk/Education/CAFOD-Gap-year> or email youngleadership@cafod.org.uk. Deadline for applications: 31st March 2014

Make
Lent
FAIR.
Support Fairtrade

MAKE IT HAPPEN
CHOOSE FAIRTRADE



Fairtrade Fortnight 2014: 24th Feb - 9th March
This Lent, instead of *GIVING UP*, try *GOING FAIR*

Did you know that it is now 7 years since Nottingham became a Fairtrade Diocese? To achieve this goal, at Bishop Malcom's urging, more than 50% of parishes signed the Fairtrade Treaty, agreeing to serve Fairtrade tea and coffee at all meetings and events for which they have responsibility. Did your parish sign the Treaty? If so, do you still only serve Fairtrade tea and coffee? Would you like to become a new parish to sign the treaty? The Justice and Peace Commission are keen to get your answers to these questions. ***Make Lent Fair*** is our campaign to celebrate your achievements so far and reinvigorate your Fairtrade activity..

This year Fairtrade fortnight, 24 February – 9 March takes us into Lent. (Ash Wednesday 5th March). There are so many ways of marking this, from serving Fairtrade tea and coffee after the Sunday Masses to having a Fairtrade parish pancake party using bananas, the focus crop of this year's Fairtrade Fortnight.. Use your event in Fairtrade fortnight as a springboard into running a Fairtrade initiative throughout Lent. Encourage your parishioners to pledge to ***Make Lent Fair*** at home too. The extra cost of using Fairtrade at home may cause a little hardship, **but this year, instead of 'giving up', why not try 'going fair', knowing that if you do, you will be helping to bring about the following:**

Raising small farmers and producers out of poverty.

Ensuring an education for their children, who may then break out from the cycle of poverty.

Investing in a co-operative/local infra-structure which will ensure ongoing sustainability for the small producers.

Ending child exploitation by large-scale producers who often use cheap labour to meet tight production targets.

Reducing the number of 'clients' for child traffickers for whom chocolate production in the Ivory Coast, for example, is a huge market for providing cheap labour.

Empowering women, who make up a large percentage of small-scale producers.

Just look at what that little extra money can achieve! Look how far it reaches! **So please, start the conversation TODAY, and talk about holding your own event in Fairtrade fortnight. Give some consideration to running a *Make Lent Fair* campaign in your parish.** For any help in organising or promoting your event, please do contact the Justice and Peace Commission.